



Student sheet 5.4a.3

What would work for you?

Below is a list of possible responses if you or a friend were offered a lift home by someone who had been drinking alcohol or had taken drugs.

Which responses would work for you? Which wouldn't? Why or why not? List some other examples you think may work.

Say “No” or “No, thanks” and repeat if necessary

- “No, thanks for the offer but I’m going to go home with someone else.”
- “No, I’m going to find another ride later.”

Be honest and tell the truth – tell it like it is!

- “I wouldn’t feel comfortable getting into a car with her. She’s been drinking.”
- “You smoked weed tonight. It’s too dangerous to get in a car with you.”

Give alternative reasons for your decision

- “I wouldn’t have a problem with it but my girlfriend has real issues with me getting into a car with someone who’s been drinking.”
- “I saw an RBT on the way over here – I wouldn’t want to be in his car if he gets pulled over. Maybe he shouldn’t drive.”

Ask questions

- “I’m not telling you what to do but do you really want to risk losing your P-plates tonight? Do you really think you’re under 0.00?”
- “Don’t police do drug testing now? Can they detect pot when they do those tests?”
- “Do you really want to risk not being able to travel overseas or be a teacher?”

Use humour or sarcasm

- “Do you really think I’d get in a car with him? He’s my friend, but I’m not stupid!”
- “Have you seen that program RBT? I don’t want to end up on TV with you doing a mobile drug test and me standing on the side of the road watching while you’re taken to a police station!”

Blame your parents

- “If my Dad found out that I got into the car with you and you’d been smoking a joint I’d be grounded.”